



The 12 Bad Habits That Hold Good People Back

By James Waldroop, Ph.D.

1. Never Feeling Good Enough
2. Seeing the World in Black & White
3. Doing Too Much, Pushing Too Hard
4. Avoiding Conflict and Any Cost
5. Running Roughshod Over the Opposition
6. Rebel Looking for a Cause
7. Always Swinging for the Fence
8. When Fear Is in the Driver's Seat
9. Emotionally Tone Deaf
10. When No Job is Good Enough
11. Lacking a Sense of Boundaries
12. Losing the Path

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